

An Estimation of Percent Body Fat from Triceps Skin Fold Thickness in the Malas of Andhra Pradesh

P. Venkatramana and P. Chengal Reddy

*Department of Anthropology, Sri Venkateswara University, Tirupati 517 502,
Andhra Pradesh, India*

Fax: 08574-25211, E-mail: pvrmana35@usa.net

KEYWORDS Malas. Triceps Skin Fold Thickness. Specific Gravity. Percent Body Fat

ABSTRACT The data on Triceps skin fold thickness were collected from the Malas of Chittoor and Madanapalle taluks of southern Andhra Pradesh. From these data, specific gravity and percent body fat were calculated. In all these variables, females showed slightly higher values than males. Both sexes of the Malas of Chittoor taluk showed higher values than of Madanapalle taluk. The mean values of triceps skin fold thickness and percent body fat showed higher values in females than in males. But the specific gravity of males is slightly higher than of females.